

## Bonnie Prudden Myotherapy® Order Form

Please fill out the following form completely. If you're using a credit card as the form of payment you can fax the completed order form to **(520) 529-6679**. For check/money order payments mail the form along with your payment to the address listed below.

Sales Tax: Arizona orders add 8.1% state sales tax.

QTY	Item	Description	Price
	<b>Self Help Starter Kit</b> - Pain Erasure: The Bonnie Prudden Way Book, Shepherd's Crook & Medium Bodo	Kit	\$55.90
	Pain Erasure: The Bonnie Prudden Way	Softcover Book	\$16.95
	Myotherapy: Bonnie Prudden's Complete Guide to Pain-Free Living	Softcover Book	\$19.95
	Bonnie Prudden's After Fifty Fitness Guide	Softcover Book	\$19.95
	How to Keep Your Family Fit and Healthy by B. Prudden	Hardcover Book	\$5.00
	Shepherd's Crook	Equipment	\$30.95
	Complete Set of Bodos (1 Large, 1 Medium & 1 Small)	Equipment	\$24.00
	Large Bodo	Equipment	\$ 8.00
	Medium Bodo	Equipment	\$ 8.00
	Small Bodo	Equipment	\$ 8.00
	Pulley	Equipment	\$20.00
	How to Get Started with Bonnie Prudden Myotherapy (90 minute DVD)	DVD	\$30.00
	Quick Rx for Back Pain (90 minute DVD)	DVD	\$30.00
	Quick Rx for Headaches (90 minute DVD)	DVD	\$30.00
	<b>3 DVDs as Special Offer</b> (How to Get Started with Bonnie Prudden Myotherapy, Quick Rx for Back Pain and Quick Rx for Headaches)	DVD Set	\$80.00
	Keep Fit... Be Happy... Volume I: Easy (43 minute DVD)	DVD	\$25.00
	Keep Fit... Be Happy... Volume II: Advanced (40 minute DVD)	DVD	\$25.00
	Keep Fit... Be Happy... Volumes I and II (2 DVDs)	DVD Set	\$45.00
	How to Relieve Pain (40 minute audio CD)	Audio CD	\$10.00
	Bonnie Prudden Pain Erasure Chart I (Torso, Front; Torso, Back)	Chart	\$ 8.00
	Bonnie Prudden Pain Erasure Chart II (Head and Face, Front; Back of Head and Neck; Upper Back; Side of Head, Neck and Face)	Chart	\$ 8.00
	Bonnie Prudden Pain Erasure Chart III (Anterior and Posterior Arm)	Chart	\$ 8.00
	Bonnie Prudden Pain Erasure Chart IV (Inside, Outside, Front, Back Leg)	Chart	\$ 8.00
	Bonnie Prudden Pain Erasure Charts I - IV	Chart Set	\$28.00
	Bonnie Prudden T-Shirt Size: <input type="checkbox"/> Large <input type="checkbox"/> X-Large <i>"You can't turn back the clock, But you can wind it up again!"</i>	T-Shirt	\$14.00

**Subtotal:** \_\_\_\_\_  
**Arizona Sales Tax (8.1%):** \_\_\_\_\_  
**S & H\*:** \_\_\_\_\_  
**TOTAL:** \_\_\_\_\_

## Shipping & Handling

\* **Continental U.S. Orders** (Shipped via USPS Priority Mail):

Continental U.S. \$00.01 to \$30.00 add **\$8.00**  
Continental U.S. \$30.01 to \$50.00 add **\$15.00**  
Continental U.S. \$50.01 to \$80.00 add **\$17.00**  
Continental U.S. \$80.01 to \$100.00 add **\$20.00**  
Continental U.S. \$100.01 and up add **\$25.00**

### \* **International Canada, Alaska & Hawaii Orders**

When paying by **Credit Card**, EXACT shipping charges will be added to the cost of the items ordered. A \$3.00 per package handling charge will also be added. **If you elect to pay by Check or Money Order, please include your e-mail address. Wait for an e-mail stating exact shipping and handling charges which will include the total price for your order.**

## Billing/Shipping Information:

Name: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State/Province: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Country: \_\_\_\_\_ Telephone: \_\_\_\_\_

## Payment Information:

**Paying By:**     VISA     MasterCard     Discover     Check/Money Order  
*(We accept Visa, MasterCard and Discover only.)*

### **Credit Card Payments:**

Name on Credit Card: \_\_\_\_\_  
Credit Card Number: \_\_\_\_\_  
Expiration Date:    Month: \_\_\_\_\_    Year: \_\_\_\_\_  
Signature: \_\_\_\_\_



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